

Safety Update

Ohio BWC Library

February is National Heart Month

Keep your heart healthy at work and at home. The websites below offer heart healthy information.

<http://www.cdc.gov/features/heartmonth/>
<http://www.heart.org/HEARTORG/>
<http://millionhearts.hhs.gov/index.html>
http://www.startwalkingnow.org/start_workplace.jsp



NIOSH News

Ergonomic Solutions for Retailers

A new National Institute for Occupational Safety and Health (NIOSH) publication highlights how workers in grocery stores can reduce strains and sprains when moving materials from the delivery truck to the sales floor. Designed for retail workers and safety experts, [Ergonomic Solutions for Retailers](#), uses a series of illustrations to show how and where employees in a retail setting such as a grocery store, would use mechanical assist devices to lift, push, or pull heavy materials.

Engineering Controls

Engineering controls protect workers by removing hazardous conditions or by placing a barrier between the worker and the hazard. This [engineering control page](#) on the NIOSH website provides information about the hierarchy of controls and has tools and resources for more information.

OSHA News

Protect Yourself from the Flu

It is an active flu season this year. Get tips [here](#) to protect yourself and your workers from seasonal flu.

New OSHA Reporting Requirements Went Into Effect on Jan. 1, 2015

This [blog post](#) from Occupational Safety and Health Administration (OSHA) Director Dr. David Michaels answers some frequently asked questions about this new regulation. You can read the new requirements on the [OSHA website](#).

Employers have three options for reporting these severe incidents to OSHA. They can call their [nearest area](#) office during normal business hours, call the 24-hour OSHA hotline at 1-800-321-6742 or [report online](#).

300A Injury/Illness Summary Form

Don't forget to post OSHA's Form [300A](#) or [300AP](#) (public employers), which summarizes the number of job-related injuries and illnesses that occurred during 2014 and were logged on OSHA's Form 300, the log of work-related injuries and illnesses. Employers must post the summary between Feb. 1 and April 30, 2015. Employers should display it in a common area where they usually post notices to employees.

Safety and Health Information Bulletins

[Safety and Health Information Bulletins](#) (SHIBs) are now accessible on OSHA's publications page. SHIBs help raise awareness of significant occupational safety and health issues concerning hazard recognition, evaluation and control in the workplace and at emergency response sites.

Landscaping Safety

Oregon OSHA has created a new [safety information document](#) on the topic of lawn care equipment, power tools, ladders, pesticides, trenching and other safety issues for the landscaping industry.

Other News

Winter Work

Winter is still with us, and the [U.S. Department of Labor gives tips](#) for staying safe while shoveling snow, walking on snow and ice, safely protecting our homes and businesses from snow cave-ins and preventing frostbite.

State of Safety

The [National Safety Council](#) reported on the state of safety in several categories, including workplace fatalities, Occupational Safety and Health Administration and workers' compensation.

Liberty Mutual Workplace Safety Index

Overexertion was the leading cause of disabling injury reported in 2012 accounting for more than a quarter of the direct costs associated with workplace injuries, according to the [2014 Liberty Mutual report](#).

GHS Classification Shock

EHS Magazine has an [article](#) about the changes in the Globally Harmonized System (GHS) classification requirements coming in June of 2015. Be prepared or you might be shocked by the changes.

Heat Stress Hospitalizations

The [Morbidity and Mortality Weekly Report for Dec 12, 2014](#), is a study of hospitalizations for heat stress in 20 states during 2001-2010. The authors found 28,000 hospitalizations during that time frame. During the period, the rate increased overall by 2 percent to 5 percent.

Roadway Fatalities Continue Downward Trend

The U.S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA) Traffic [Safety Facts Research Note on 2013 Motor Vehicle Crashes](#) indicates a continuing decline in the number of fatal crashes on US highways. In Ohio, overall fatalities decreased 12 percent and alcohol-impaired fatalities dropped 30 percent from 2012.

U.S. Firefighter Injuries and Fatalities 2013

The National Fire Protection Administration [report on firefighter injuries for 2013](#) indicates that 65,880 firefighter injuries occurred in the line of duty in 2013. That's a decrease of 5.1 percent with the leading causes of injuries being overexertion, strain (26.5 percent) and fall, slip and jump (22.7 percent).

The [Federal Emergency Management Agency reports](#) that 106 firefighters died while on duty in 2013.

Are you READY?

Download resources from the 2015 Resolve to be Ready Campaign at this [Ready.gov website](#). Materials include a preparedness calendar, social media toolkit and tips and guidance for preparedness all year. You can also find information on how to prepare your disaster supplies kit at [this link](#).

CSB Safety Bulletin on Anhydrous Ammonia

The Chemical Safety Board (CSB) released this [safety bulletin](#) after the 2010 anhydrous ammonia release at the Millard Refrigerated Services facility in Theodore, Ala. Hydraulic shock caused a roof mounted 12-inch suction pipe to catastrophically fail leading to the release of more than 32,000 pounds of anhydrous ammonia. The Safety Bulletin discusses the accident causes and presents tips on prevention of similar accidents.

Law Officer Deaths in 2014

According to [a report](#) by the National Law Enforcement Officers Memorial Fund, 126 law enforcement officers died in the line of duty, a 24 percent increase from 2013. Firearms-related incidents were the leading cause of death. They increased sharply in 2014 from 2013. Traffic incidents were the second leading cause of officer deaths.

Non-fatal Occupational Injuries and Illnesses Requiring Days Away From Work 2013

[Current information](#) from the Bureau of Labor Statistics shows the overall incident rate of cases requiring days away from work decreased in 2013 from the previous year. Other findings included an increase in the rate of injury from falls and violence by persons or animals and increased overall injury rates for truck drivers and food preparation workers.

ASSE Risk Assessment Videos

The American Society of Safety Engineers (ASSE) created a [series of videos on risk assessment](#) produced by experts in that field. These videos will help those new to risk assessment learn more about this topic. The videos cover introductory materials, prevention of serious or fatal injuries, benefits of risk assessment, tips on getting started, identifying risks, tools and resources and much more. The ASSE plans to release additional videos.

Please contact the library@bwc.state.oh.us or 614-466-7388 for more information on any of these items.